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## BASIC TENETS OF THE ORTHODOX CHURCH

As we have seen in the introduction, the Orthodox Church inherits the characteristic features of the Early Church, which was undivided till the Council of Chalcedon.

## What do the Orthodox Christians believe?

The basic tenets of the Orthodox Church can be summarized as the following:

The basis for
Orthodox Faith
is not only the
Bible but also other
forms of Divine
Revelation.

1. There is one *God* who has manifested Himself in three persons: Father, Son and the Holy Spirit. God is everywhere (*omnipresent*), God knows everything (*omniscient*) and God is capable of doing everything (*omnipotent*). The universe is created by the triune God and it has its existence in the Holy Trinity and the trinitarian God leads the world into its fullness. That means, God has a purpose about the universe, which he created, and this purpose will be served only if the universe remains in contact with its creator.

- 2. The created universe includes things of nature (stars, planets, ocean, mountains etc.), living beings (plants, animals, birds, fish etc.) and supernatural beings (angels). However, *human beings* have a special status among the things God has created. They form the crown of creation and God created them in His own *Image*, But as a result of the sin committed by Adam they got a *fallen nature*. God sent His *only son* to this world to save man from this condition.
- *Jesus Christ* is the Son of God. The Councils (Holy Synods) of the Ancient Church proclaimed clearly that Jesus Christ is fully God and fully Man. Being the Son of God He had an equal status with God the Father. But He emptied himself and took the shape of a human being so that the sinful human nature becomes sanctified and the distance between God and Man is nullified. He was born in Bethlehem out of a virgin called Mary in the days of King Herod, brought up in Nazareth, Crucified by the Roman Governor Pontius Pilate and resurrected on the third day. The Crucifixion of Jesus Christ was an act of Salvation for mankind; He died not because of his sins, but because of our sins. Through the Crucifixion and Resurrection Jesus conquered sin and death. Therefore anybody who believes in Jesus Christ will be saved out of the fallen nature and he will become a new creation.
- 4. The Church is the assembly of the believers in Christ. It is the temple of God, where the apostles are the foundation stones and the believers form the stones by which the Temple is built. The believers have to lead a holy life so that the holiness of the temple is not lost (injured). As St. Paul calls it, the Church is also the Body of Christ. Those who share the Eucharistic communion become the organs of the Body of Christ. The organs of this Body should always be pure and unblemished.

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evers in Christ. It is are the foundation by which the Temple holy life so that the ed). As St. Paul calls st. Those who share e organs of the Body buld always be pure

- 5. The Sacraments are liturgical acts through which the members of the Church get an active participation in the life and works of Jesus. The Orthodox Church prefers the word Mysteries to Sacraments and the Church does not specify the number of the Mysteries. Through some liturgical acts, the believer enters into a mystical union with Christ and he realizes the meaning of the Crucifixion and Resurrection of Jesus Christ in his personal life.
- 6. Holy Baptism is a mystery by which a believer comes into contact with Jesus Christ and is initiated as a member of the Church, i.e. an organ of the Body of Christ. Baptism is essential to participate in the other Mysteries of the Church, as the Orthodox Church believes that salvation of a human being is possible only through the faith in Jesus Christ.
- Jesus Christ. It is not simply a remembrance of what Jesus did on earth. Rather it gives the believer an opportunity to have an active participation in the act of Salvation done by Jesus Christ. The Holy Qurbana is not an occasion for people to demonstrate their hospitality towards people of other faiths. On the contrary, those who share the Table of God should have the same faith in Jesus Christ and the salvific act that happens through him. Accordingly, those who partake in the Eucharist become the members of the Church and after the communion, they cannot say that they belong to another faith.
- 8. As Jesus Christ promised, the *Holy Spirit* came upon the disciples on the 50<sup>th</sup> day after Easter (Pentecost). Those who are baptized get the indwelling of the Holy Spirit through the anointment of *Holy Muron*. They have their life in the Holy Spirit and they get the gifts (*Charisma*) of the Spirit. Love is the greatest gift of the Spirit. There are other gifts

like joy, patience, kindness, generosity, self-control and the abilities to heal, to understand different languages, to speak in tongues, to teach and to prophesy. However, one gift is not above the other and each believer should profitably use the gift that he possesses, for the edification of the Church.

- 9. The leaders of the Church are called *Ministers*. The Orthodox Church believes in a three-fold ministry; viz. bishop, priest and deacon. Holy Ordination is the ceremony by which the church bestows authority on its leaders. Only the bishop can ordain somebody and through ordination the believer receives a special grace (charisma) of the Holy Spirit. The spiritual authority transferred to the ordained is a continuation of the authority of the bishop, who ordains. The bishop received it from his predecessors, who trace their history back to the apostles. Thus the spiritual authority of a newly ordained bishop will be the same as that of the apostles, who received the authority from Christ. We call this process the uninterrupted apostolic succession.
- 10. The *Bishop* possesses the role of Christ in the Church and will ultimately undertake decisions concerning the church. The Orthodox Church does not believe in the supremacy of a universal bishop. Each community which has a Eucharistic communion under the leadership of a bishop is universal (*catholic*) in itself. There can be a council of bishops (*Synod*) in a nation. Its leader may be called *Pope* (as in Rome or Egypt), *Patriarch* (as in Syria or Russia) or *Catholicose* (as in Armenia or India). However, the leader of the Synod is only *the first among the equals*.
- 11. For the orthodox believer not only the *undefiled faith* but also the *spiritual life* is important. Some people choose a

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monastic discipline, so that they get more time for the church, whereas some others lead a family life. The spiritual life of the Orthodox Christian is a mixture of fasting and feasting. They observe fasting or disciplines of a Lent not only on two days of a week (on Wednesdays and Fridays) but also on five important seasons of a year; 50 days before Easter, 25 days before Christmas, 15 days in August, 13 days in June and three days in Jan./Feb. (Nineveh Lent). Some people fast on certain other periods of a year like the first eight days of September (Feast of the Nativity of Mary), after the death of a relative etc.

12. Life after Death is an important component of Orthodox Faith. Biological death is not the point of the termination of one's life. He has another phase in his life which comes after death. This life has a lively existence and the believers observe communion with the deceased through their prayers and Holy Qurbanas. That means, the living ones can pray for the dead and the dead ones can pray for the living. This is the reason for the orthodox prayers for the intercession of saints. Through such prayers the believers enjoy a Communion with the Saints.

## What is the source of the Orthodox Faith?

Even though I can substantiate each and every point mentioned above with the help of The Bible, I don't intend to make such an attempt. There are two reasons for that: firstly, this is meant to be a short essay. Here I have listed all the important points of Orthodox Dogma and if I begin to explain them this article will be much longer. More important is the second reason; the basis for Orthodox Faith is not only the Bible but also other forms of *Divine Revelation*.

In the Bible we have the reports of the Revelation of God received by His people. But God did not remain inactive after the composition of The Bible. He manifested Himself and revealed His will and purpose through the Church. All the points mentioned above have their origin in the Bible. But some of them were developed in their present form through a series of discussions in the Church. Regarding those points we turn to the writings of the Fathers of the Church and we respect the decisions of the Holy Synods. The Orthodox Church believes in the presence of the Holy Spirit within the Church. Therefore the Church is able to receive *divine revelation* even today. In this way the Bible will not be a book of archaic narratives. On the contrary, the Church can translate the biblical truths into its contemporary context.

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